



Team
Equipe **NB**

**ENJOY
GROW
EXCEL**



PROVINCIAL TEAM PROGRAM

2021-2021 INFORMATION DOCUMENT

A GUIDE FOR PLAYERS AND THEIR PARENTS

PROVINCIAL TEAM PROGRAM

2021-2021 INFORMATION DOCUMENT

OVERVIEW

The Provincial Team Program provides opportunities to talented players from across New Brunswick to develop their skills through advanced training and participation at top showcase tournaments. The program is led by Soccer New Brunswick's Technical Staff and National Certified Coaches. Players will be identified through detection, identification camps and a tryout process.

Players will have access to training sessions through the fall, winter & spring in venues throughout the province. Each training weekend will look to improve technique with a direct link to tactical application. On-field and classroom sessions will be part of the program. Topics such as sport psychology, nutrition, and soccer tactics will be presented. The program is part of the New Brunswick Long-Term Player Development Model and is designed to be consistent with the Canadian Soccer Association's Long-Term Player Development (LTPD) philosophy and will provide a challenging, competitive training environment for qualified New Brunswick players to improve their technical and tactical skills.

WHO IS SOCCER NEW BRUNSWICK?

MISSION

To enable the development and growth of the sport of soccer in New Brunswick.

VISION

*Inspire **healthy active communities** across New Brunswick through soccer.*

As the provincial body for soccer in New Brunswick, Soccer NB performs the following functions for its memberships:

Governs and promotes the sport of soccer to as wide of an audience in NB as possible.

Provides the opportunities for the players to compete at all levels of the game.

ENJOY

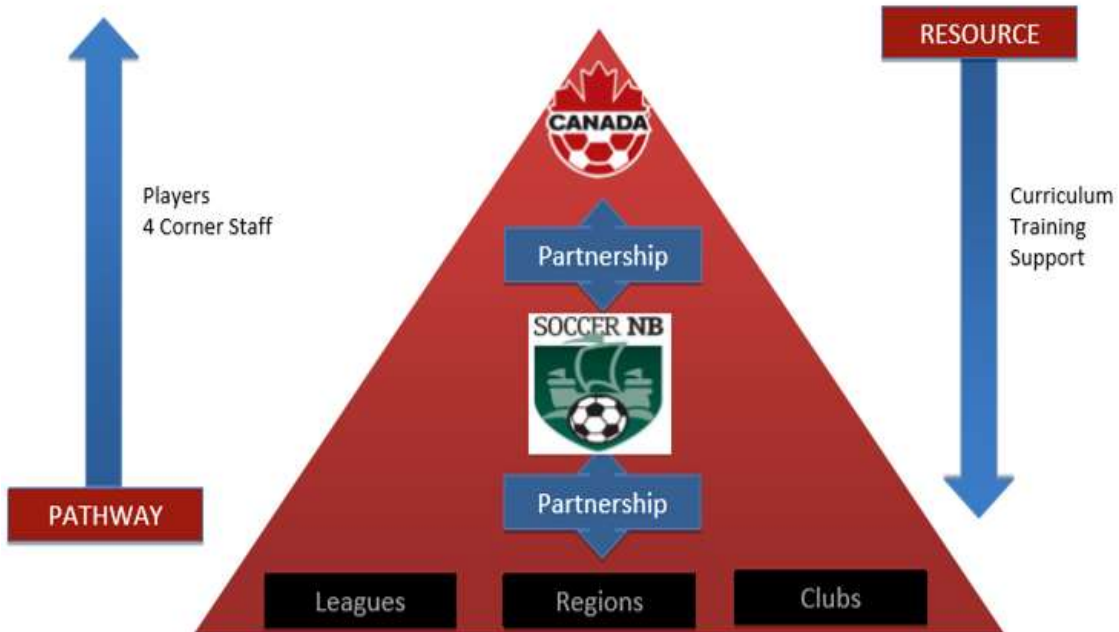
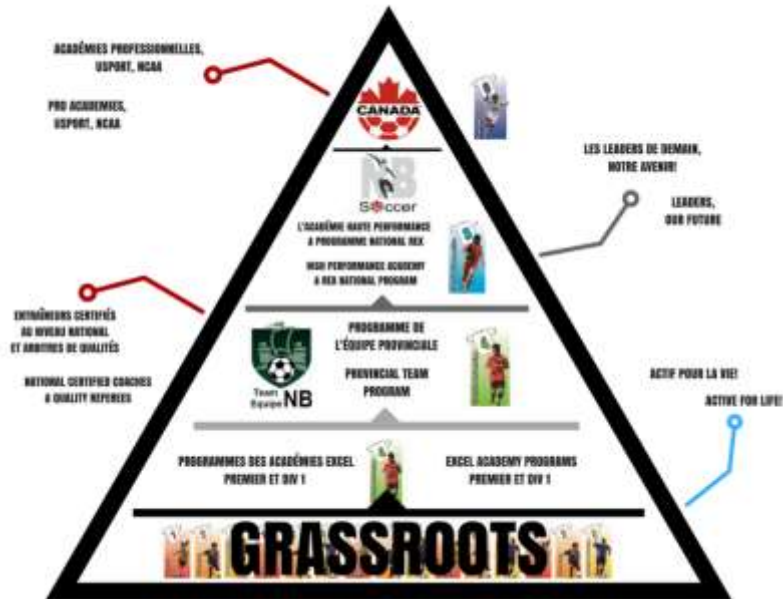
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WHO IS SOCCER NEW BRUNSWICK?

SOCCER IS THE SPORT OF CHOICE THOUGHOUT NEW BRUNSWICK



THE DRIVING PHILOSOPHY: THREE CORE VALUES

SOCCER IS A SCHOOL OF LIFE!



Passion, respect, integrity, teamwork, effort, perseverance, generosity and humility lead our lives and define our vision for our sport. These values contribute to the education of young people and serve them throughout their athletic careers, and in their lives as men and women.

A BASIC TRUST



Trust is the element on which the partnership between Soccer NB, regions, clubs, coaches will thrive. It is reciprocal and involves both human and financial resources invested in the quality of work provided by different partners, which translates as a development target for all groups of players and coaches focusing on the training needs of both.

A GOAL: QUALITY



The goal is not simply to teach soccer, but to teach according to certain quality criteria and standards. These criteria require that training and education be planned, prepared, implemented and evaluated by motivated coaches that are guided and supported by the Technical Department of Soccer New Brunswick.

PLAYING STYLE

We play a dynamic offensive creative soccer with proactive defending!

A Mobile and Dynamic Game

Players give everything they have to impose our style of play that is made up of movements and permutations.

Creativity and Offensive Efficiency

Our players attack without restriction and are encouraged to be creative and goal minded and taking every opportunity to finish.

Proactive Defending

Our players are well organized and defend with intensity to win the ball with collective intelligent pressing.

OUR APPROACH TO GAMES

We have to train like we want to play and we play like we train!

Our playing philosophy defines our quality of play.

It guides the thoughts and actions of players and coaches towards a common goal.

It unites our strengths and allows the development of a culture of soccer.

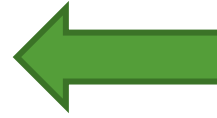
It provides us the criteria for observation and analysis of matches at all levels.



THE SELECTION PROCESS



STAGE 1 – Fall Tryouts



Invitation to participate in the Winter Program Training Group.

STAGE 2 – Spring Identification Camp

The Technical Department will be sending the preliminary list of selected players that will be invited to attend the training camps and the showcase tournaments for the Spring Program, after the last training session of the Winter Program in April. A Spring Identification Camp will be conducted at the end of April to fill the gap in specific positions for the teams if there is a need.

STAGE 3

The final selected team for each age group will be announced after the showcase tournament and will be invited to participate at the Atlantic Tournament.

THE SELECTION CRITERIA

EVALUATION

Players participating in the Program will receive a complete individual evaluation form. Training recommendations and feedback will be made to each player.

TESTING

We will be conducting many tests to assess important physical and technical abilities.

POSITION SPECIFIC

We will take in consideration specific position needs for the teams.

ATTENDANCE

Attendance record at the Winter Team NB Training and the Excel Academy Programs will be taken in consideration.

PROVINCIAL TEAM PROGRAM

We play a dynamic offensive creative soccer with proactive defending!

For the 2020-2021 program, the following age groups for Boys and Girls are planned (some age groups may be combined depending upon player numbers)

U13 (born 2008 and later)

U14 (born in 2007)

U15 (born in 2006)

U16 (born in 2005)

U17-18 (born in 2004-2003)



WHAT IS INCLUDED?

On-field training: 2 training sessions per training day

15 Online sessions: Nutrition, Soccer IQ, Mental skills...

Refereeing/Coaching Courses

Access to physiotherapist

Training T-Shirts & Log Book

TeamNB Baseball Cap

TeamNB face mask

Access to Physical Training Program

Testing and Evaluation

High Level Competition

Training with National Certified Coaches

Opportunity to get scouted by National Program Coaches

Consulting and Support



PROVINCIAL TEAM PROGRAM

TRYOUTS (\$20.00)

Players **may attend both tryouts**. Commitment and interest will be taken into consideration for the final selection. SNB recognizes that **player commitment**, in addition to ability, is important to program success. A **tryout fee of \$20** must be paid at the time of the Tryout, players attending both days will only pay for one tryout fee.



TRYOUT 2020 SCHEDULE (p.18)

| Date | Age Group* | Location | Start | End |
|--------------|----------------------|----------------------------|-------|-------|
| September 19 | U13 - U18 BOYS&GIRLS | Moncton – CN Sportsplex | 9:00 | 17:00 |
| September 20 | U13 - U18 BOYS&GIRLS | Nashawaaksis Middle School | 9:00 | 17:00 |

REGISTER ONLINE HERE: [TRY OUTS 2020](#)

**Please fill out the registration form online and bring your payment to the tryout session.
We only online payment or cheques to Soccer NB.**

Note: The technical staff will be conducting scouting visits through the Excel Academies to monitor the selected players and also to select additional players with significant abilities but couldn't attend the tryouts for valid reasons (i.e injuries, just moved in!) that are verifiable.

Keep an eye the soccernb.org website or our [Facebook page](#) for changes & updates.

WINTER PROGRAM

2020-2021 SCHEDULE

FIELD SESSIONS

| Saturday / Sunday | | Boys | | | | | | Girls | | | | | |
|-------------------|------------|------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|
| *Date | Location | U13 | U14 | U15 | U16 | U17 | U18 | U13 | U14 | U15 | U16 | U17 | U18 |
| Sep. 26, 2020 | Moncton | X | X | X | X | X | X | X | X | X | X | X | X |
| Sep. 27, 2020 | Moncton | X | X | X | X | X | X | X | X | X | X | X | X |
| Oct. 3, 2020 | Moncton | X | X | X | X | X | X | X | X | X | X | X | X |
| Oct. 4, 2020 | Moncton | X | X | X | X | X | X | X | X | X | X | X | X |
| Oct. 17, 2020 | Moncton | X | X | X | X | X | X | X | X | X | X | X | X |
| Oct. 18, 2020 | Moncton | X | X | X | X | X | X | X | X | X | X | X | X |
| April 10, 2021 | Quispamsis | X | X | X | X | X | X | X | X | X | X | X | X |
| April 11, 2021 | Quispamsis | X | X | X | X | X | X | X | X | X | X | X | X |
| April 17, 2021 | Quispamsis | X | X | X | X | X | X | X | X | X | X | X | X |
| April 18, 2021 | Quispamsis | X | X | X | X | X | X | X | X | X | X | X | X |

MONTHLY GROUP ONLINE PLAYER ENHANCEMENT PROGRAM SESSIONS

Soccer NB makes available to Team NB players online monthly group training programs, including:

- Soccer specific physical preparation workshops
- Soccer IQ workshops
- Mental Prep and coaching workshops

| *Date | Online session | U13 | U14 | U15 | U16 | U17 | U18 | U13 | U14 | U15 | U16 | U17 | U18 |
|-------|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| TBD | November | X | X | X | X | X | X | X | X | X | X | X | X |
| | Physical Prep | | | | | | | | | | | | |
| | Soccer IQ | | | | | | | | | | | | |
| | Mental Prep | | | | | | | | | | | | |
| TBD | December | X | X | X | X | X | X | X | X | X | X | X | X |
| | Physical Prep | | | | | | | | | | | | |
| | Soccer IQ | | | | | | | | | | | | |
| | Mental Prep | | | | | | | | | | | | |
| TBD | January | X | X | X | X | X | X | X | X | X | X | X | X |
| | Physical Prep | | | | | | | | | | | | |
| | Soccer IQ | | | | | | | | | | | | |
| | Mental Prep | | | | | | | | | | | | |

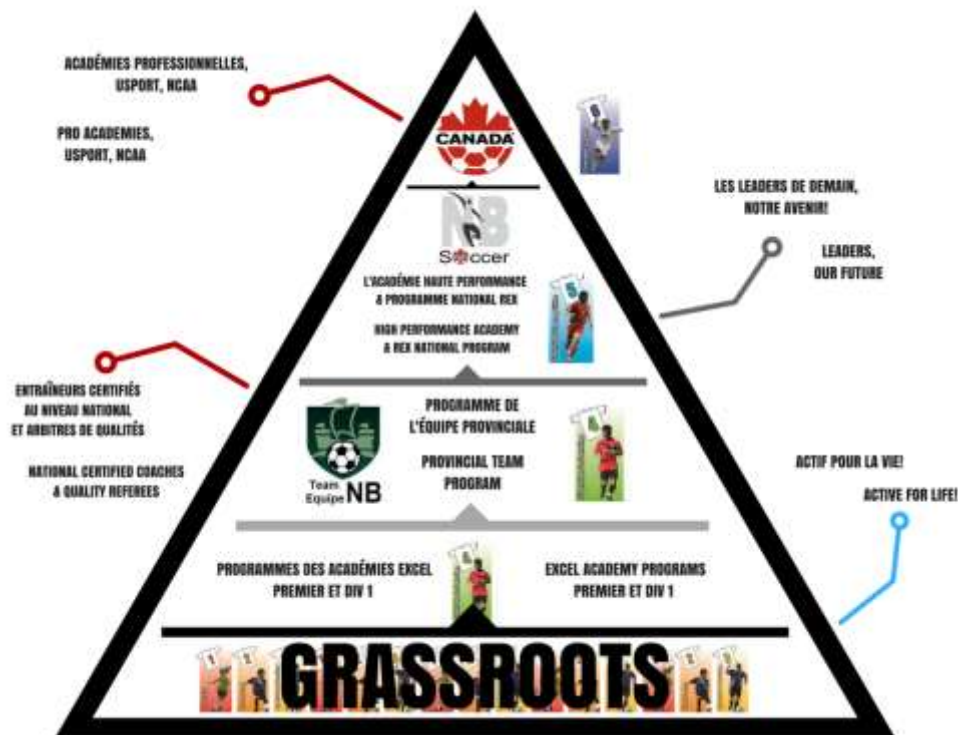
| *Date | Online session | U13 | U14 | U15 | U16 | U17 | U18 | U13 | U14 | U15 | U16 | U17 | U18 |
|-------|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| TBD | February | X | X | X | X | X | X | X | X | X | X | X | X |
| | Physical Prep | | | | | | | | | | | | |
| | Soccer IQ | | | | | | | | | | | | |
| | Mental Prep | | | | | | | | | | | | |
| TBD | March | X | X | X | X | X | X | X | X | X | X | X | X |
| | Physical Prep | | | | | | | | | | | | |
| | Soccer IQ | | | | | | | | | | | | |
| | Mental Prep | | | | | | | | | | | | |

*Dates are subject to change. Plan in consequence for all dates identified from September 2020 to April 2021.



The Soccer New Brunswick Technical Department is **committed** to Long Term Player Development and making soccer the sport of choice. The Team NB program continues to **evolve** and **strives** to make players the best they can be.

PLAYER DEVELOPMENT PATHWAY



Puts the best with the best, allowing the most talented players regionally and provincially to train with each other and be challenged by their peers in high-quality competitive environments.

GOALKEEPER TRAINING

Our playing philosophy defines our quality of play!

Sessions are planned during the training weekends. Provincial team keepers will be expected to attend the Goalkeepers sessions.

Soccer New Brunswick has developed a new specific Goal Keepers Training program for Elite GK and more information will be release during the year.



FALL/WINTER PROGRAM: COST

Fees for the Fall/Winter Program will be payable prior to the first training session and spring session fees will be payable in installments through the spring. Registration fees will only be refunded on a prorated basis to players released from the program. Withdrawal from a program will forfeit all fees paid.

| Age Group | Fall/Winter Training* | Spring Program | |
|-----------------|-----------------------|------------------------------|---|
| | Cost Estimate* | Competition & Camp Estimates | Target Competitions |
| U13 & U14 Girls | \$360 | \$1750 | <ul style="list-style-type: none"> • 1 US Showcase (ME) • Residential Training Camp • Atlantics: Saint Johns, NL |
| U13 & U14 Boys | \$360 | \$1475 | <ul style="list-style-type: none"> • 1 US Showcase (ME) • Residential Training Camp • Atlantics: Charlottetown, PEI |
| U15 & U16 Girls | \$360 | \$1475 | <ul style="list-style-type: none"> • 1 US Showcase (Boston, MA) • Residential Training Camp • Atlantics: Moncton, NB |
| U15 & U16 Boys | \$360 | \$1475 | <ul style="list-style-type: none"> • 1 US Showcase (Boston, MA) • Residential Training Camp • Atlantics: Halifax, NS |
| U17/18 | \$360 | \$650* To be confirmed | <ul style="list-style-type: none"> • Residential Training Camp • Atlantics: Halifax, NS |

| Other Opportunity | | | |
|---|--|-------------------------|--|
| Target Groups | Target Squad Size | Cost Estimate | Program Overview |
| GOAL KEEPER SPECIFIC PROGRAM (GSP) | Open to all Goal Keepers in the Provincial Team Program | Will be released online | <ul style="list-style-type: none"> • 20 Training Sessions • 10 online Sessions • Video Feedback • Specific Fitness Program • Opportunity of training with Montreal Impact GK Coach & National Coaches |
| EXCEL SKILL CAMPS | Open to all Provincial Team Players & Invitational Players | Will be released online | <ul style="list-style-type: none"> • 20 Field Training Sessions • 10 online sessions • Specific Fitness Program • Position Specific Training • Attacking, defending & transition play |

SPRING PROGRAM

COST AND PAYMENT SCHEDULE

*Installment are not based by events.

U13/U14 Girls **COST: 1750\$**

1st Installment/ 1er versement : 600\$ - April 10 avril 2021
2nd installment/ 2ième versement : 600\$ - May 7 mai 2021
Last Install./ dernier versement : 550\$ - June 4 juin 2021

U13/U14 Boys **COST: 1475\$**

1st Installment/ 1er versement : 600\$ - April 10 avril 2021
2nd installment/ 2ième versement : 600\$ - May 7 mai 2021
Last Install./ dernier versement : 275\$ - June 4 juin 2021

U15/U16 Boys & Girls **COST: 1475\$**

1st Installment/ 1er versement : 600\$ - April 10 avril 2021
2nd installment/ 2ième versement : 600\$ - May 7 mai 2021
Last Install./ dernier versement : 275\$ - June 4 juin 2021

17/U18 Boys & Girls **COST: 650\$**

1st Installment/ 1er versement : 650\$ - April 10 avril 2021



Payment options: **Pay on-line or Cheque**

<https://soccernb.powerupsports.com/>.

Or Cheques: Made payable to **Soccer NB Inc**

Mailing address: 607 St-George Blvd. Unit 103A, Moncton NB, E1E 2C2

THE FEES WILL COVER THE FOLLOWING

- **Showcase Tournament** (if applicable to your group): Accommodation, meals, snacks
- **Tournament in US** (if applicable to your group): Transportation, hotel, meals, snacks
- **Residential Training Camp** at St. Thomas University/UNB Campus in Fredericton: Accommodation, meals, snacks, training and other team activities.
- **Atlantic Tournament:** Hotel, meals, snacks (Flight Transportation is included for the U13/14 Girls attending the Atlantic Tournament in Saint Johns, NL: Flights from Halifax.)
- **Equipment example:** 2 T-shirts, Hat, Polo, Shorts, Socks, Jacket/Sweater (Subject to change & vary between groups)
- On-field training, field rentals, exhibition games, equipment, coaching staff, monitoring & development.



EVENTS & TRAINING

U13&U14 Boys

PRE COMPETITION CAMP

Fredericton
UNB Campus Residences
May 7-9 mai, 2021



PREPARATION TOURNAMENT/ SHOWCASE

Coastal Summer Challenge
Seacoast United Maine
June 18-20 juin, 2021



ATLANTICS CHAMPIONSHIP

Charlottetown, PEI
July 3-6 juillet, 2021

U13&U14 Girls

PRE COMPETITION CAMP

Fredericton
UNB Campus Residences
May 7-9 mai, 2021

PREPARATION TOURNAMENT/ SHOWCASE

Coastal Summer Challenge
Seacoast United Maine
June 18-20 juin, 2021

ATLANTICS CHAMPIONSHIP

Saint Johns, NL
July 3-6 juillet, 2021

U15&U16 Boys

PRE COMPETITION CAMP

Fredericton
UNB Campus Residences
April 30-2 may, 2021



PREPARATION TOURNAMENT/ SHOWCASE

Needham Memorial Day Showcase
Boston, Mass
May 28-31 mai, 2021



ATLANTICS CHAMPIONSHIP

Halifax, NS
June 26 -29, 2021

U15&U16 Girls

PRE COMPETITION CAMP

Fredericton
UNB Campus Residences
April 30-2 may, 2021

PREPARATION TOURNAMENT/ SHOWCASE

Needham Memorial Day Showcase
Boston, Mass
May 28-31 mai, 2021

ATLANTICS CHAMPIONSHIP

Moncton, NB
June 26 -29, 2021

U17/18 Boys & Girls

PRE COMPETITION CAMP

Fredericton
UNB Campus Residences
April 30-2 may, 2021

ATLANTICS CHAMPIONSHIP

Halifax, NS
May 6-9 mai, 2021

PROVINCIAL TEAM FUNDRAISER

The purpose of this fundraising effort by Soccer NB is to help our athletes reach their full potential as soccer players regardless of financial ability. **You may also organize a Team or regional group fundraising activity and ask for sponsorship letters by reaching out to admin@soccernb.org**

Raffle Ticket Fundraiser for the Spring Program.



Each player will be given 60 raffle tickets. Tickets are 5\$ each.

Each player is to sell the 60 tickets and get 300\$ back. The money you raise from this fundraising is yours to use by either paying your remaining fees or repaying yourself for fees you had already paid. Extra tickets will have to be returned to Soccer NB if not sold as well as the money raised from those extra tickets.

By the April Training, all players will have to pay the first Spring Program installment. Cheques are to be made payable to Soccer NB. **You will receive your raffle tickets at the April Training weekend or at the Fredericton Residential training camp in May.**

Raffle tickets that are sold are to be return to the Soccer NB office before the draw dates to be included in the draws.

Sobeys Gift Card Fundraiser (Winter & Spring Program)

Here's how it works!

Purchase Sobeys Gift Cards in denominations of \$50.00 and \$100.00 for your friends and family and receive a 7% profit towards your child's Team New Brunswick Program Fees.



How to place an order!

You will be placing your **FULL order online** on our "Google Form" link.

ORDER LINK HERE: <https://forms.gle/bpxdcr7dX2YXPiXT9>

Orders are placed online according to the schedule that will be provided to you. By registering your orders online, **you are committing and guaranteeing that the payment will be given to Soccer NB the Friday of the next week after your order has been submitted**. Payments are cheques made payable to Soccer New Brunswick. You will receive the gift cards in exchange for your payments. Orders can only be made by Team NB members (parents or guardians). Please do not share the order link that will be provided to you.

Credit will be added to your powerup account once gift cards are picked up and paid for.

WHY DO PLAYERS PLAY?

To feel good

To feel special

To have fun

To be with friends

To make new friends

To improve and learn

To wear the stuff

WHY DO PLAYERS QUIT?

Criticism and yelling

No playing time

Over emphasis on winning

Poor communication

Fear of making mistakes

Boredom

Not learning



GUIDELINES FOR SOCCER PARENTS

- *Cheer*
- *Relax and let them play*
- *Telling Directions = Distraction*
- *Have reasonable expectations*
- *Let the Coaches coach*
- *Know when to ask questions*
- *Be supportive*



Always role model positive behavior and support the program.



Team NB Program Team New Brunswick Tryouts *Phase 1 – 1^e Étape

Soccer New Brunswick is inviting all talented soccer players from across the province to come Tryout for Team New Brunswick. The age groups are U13 (2008+), U14 (2007), U15 (2006), U16 (2005), U17/18 (2004-2003), Male and Female.

Provincial Team Tryout:

Girls & Boys Tryout

Saturday, September 19th, 2020 in Moncton (CN Sportplex - 125 Russ Howard Dr, Moncton)
Sunday, September 20th 2020 in Fredericton (Nashawaaksis Middle School Fields, Fredericton)

Cost is \$20 (*online or chq only*) – Payments will be taken on site upon arrival. Receipts will be issued.

For information, Please visit Soccer NB Website at: soccernb.org and/or
<https://soccernb.powerupsports.com/>

Source:

Soccer Nouveau Brunswick [Tel:\(506\)830-4762](tel:5068304762)



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PROVINCIAL TEAM PROGRAM BRONZE SPONSOR

