



**EXCEL SKILLS CAMPS
CAMPS D'EXCELLENCE**

For players U12 - U16 Born 2008 to 2004

**FREDERICTON-
MONTCTON-SAINT-JOHN**

320\$ for the full program if you pay at your first session. Includes the following:

WHAT IS INCLUDED

- 20 Field Training Sessions
- 5 Classroom sessions
- Specific Fitness Program
- Position Specific Training
- Attacking, defending & transition play

\$80 pay per weekend you attend.

Mark Your Calender

**DECEMBER 14-15, 2019 Fredericton
JANUARY 18-19, 2020 Saint-John
FEBRUARY 1-2, 2020 Saint-John
FEBRUARY 22-23, 2020 Moncton
MARCH 21-22, 2020 Moncton-Saint-John**

NIGADOO - 116 RUE DU PARC

160\$ for the full program if you pay at your first session. Includes the following:

WHAT IS INCLUDED

- 12 Field Training Sessions
- 3 Classroom sessions
- Specific Fitness Program
- Position Specific Training
- Attacking, defending & transition play

\$60 pay per weekend you attend.

**JANUARY 18-19, 2020
FEBRUARY 29-MARCH 1st 2020
MARCH 28-29, 2020**